

Athena Elementary School

October 2017 MENU

Students are offered a variety of milk, fruit, vegetables, meat/alternatives and grains.

Menu is subject to change based on availability

Breakfast/Lunch Prices: AE \$1.50/\$2.50, WMS \$1.75/\$2.75, WMHS \$1.75/\$3.00

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|---|--|---|---|---|---|--------------|
| USDA and this institution are an equal opportunity employer | | | | | | |
| <i>1</i> | <i>2</i> <u>Breakfast Round</u> Pizza Green Salad | <i>3</i> <u>Muffin/Cereal</u> Chicken Gravy Mashed Potato Roll | <i>4</i> <u>Cheese Quesadilla</u> Spaghetti w/ Meat Sauce Green Beans | <i>5</i> <u>Pancake</u> Turkey Gravy Rice Bread | <i>6</i> <u>Yogurt/Crackers</u> Tomato Goulash Green Salad | <i>7</i> |
| <i>8</i> | <i>9</i> <u>Bagel/Cream Cheese</u> Chicken Sandwich Green Salad | <i>10</i> <u>Mini PBJ/Cereal</u> Corn Dog Tater Tots Baked Beans | <i>11</i> <u>Breakfast Stick</u> Beef Stroganoff w/ Noodles Green Beans | <i>12</i> <u>Breakfast Pizza</u> Open Face Turkey/Cheese Melt | <i>13</i> NO SCHOOL Professional Day | <i>14</i> |
| <i>15</i> | <i>16</i> <u>Breakfast Round</u> Bean/Cheese Burrito Rice | <i>17</i> <u>Muffin/Cereal</u> Toasted Cheese Tomato Soup Vegetable Bar | <i>18</i> <u>Cheese Quesadilla</u> Hot Dog Pork and Beans | <i>19</i> <u>Pancake</u> Chicken Tenders Potato Wedges | <i>20</i> <u>Yogurt/Crackers</u> Ham/Cheese Melt Salad Bar | <i>21</i> |
| <i>22</i> | <i>23</i> <u>Bagel/Cream Cheese</u> Cheese Burger French Fries Salad Bar | <i>24</i> <u>Mini PBJ/Cereal</u> Chicken Nuggets Potato Wedges | <i>25</i> <u>Breakfast Stick</u> Spaghetti w/ Meat Sauce Green Beans | <i>26</i> <u>Breakfast Pizza</u> Turkey Gravy Rice Salad Bar | <i>27</i> NO SCHOOL Conferences | <i>28</i> |
| <i>29</i> | <i>30</i> <u>Breakfast Burrito</u> Pizza Salad Bar | <i>31</i> <u>Muffin/Cereal</u> PBJ/Turkey Sandwich | <i>Nov 1</i> <u>French Toast</u> Chicken Gravy Mashed Potato Bread | <i>Nov 2</i> <u>Pancake</u> Chicken Nachos Vegetable Bar | <i>Nov 3</i> NO SCHOOL Conferences | <i>Nov 4</i> |